

AWARD-WINNING FACILITATOR, PROJECT
MANAGER, SPEAKER AND AUTHOR

SHERMAINE PERRY-KNIGHTS

WWW.AMAZINGLYSHERMAINE.COM



ABOUT
SHERMAINE
PERRY-KNIGHTS

As a Certified Professional in Talent Development, Shermaine is passionate about helping others develop emotional intelligence and leadership skills. She is a proud military kid, a lifelong learner, and world traveler. **Shermaine wrote the book that she wanted as a child.** "I Move A Lot and That's Okay" is an inspiring and diverse story that highlights the social-emotional aspects of moving. **Recognized by NPR and Military Families Magazine, this book is a resource for children that struggle with rapid changes, and a conversation tool for teachers, counselors, and parents.**

AVAILABLE NOW

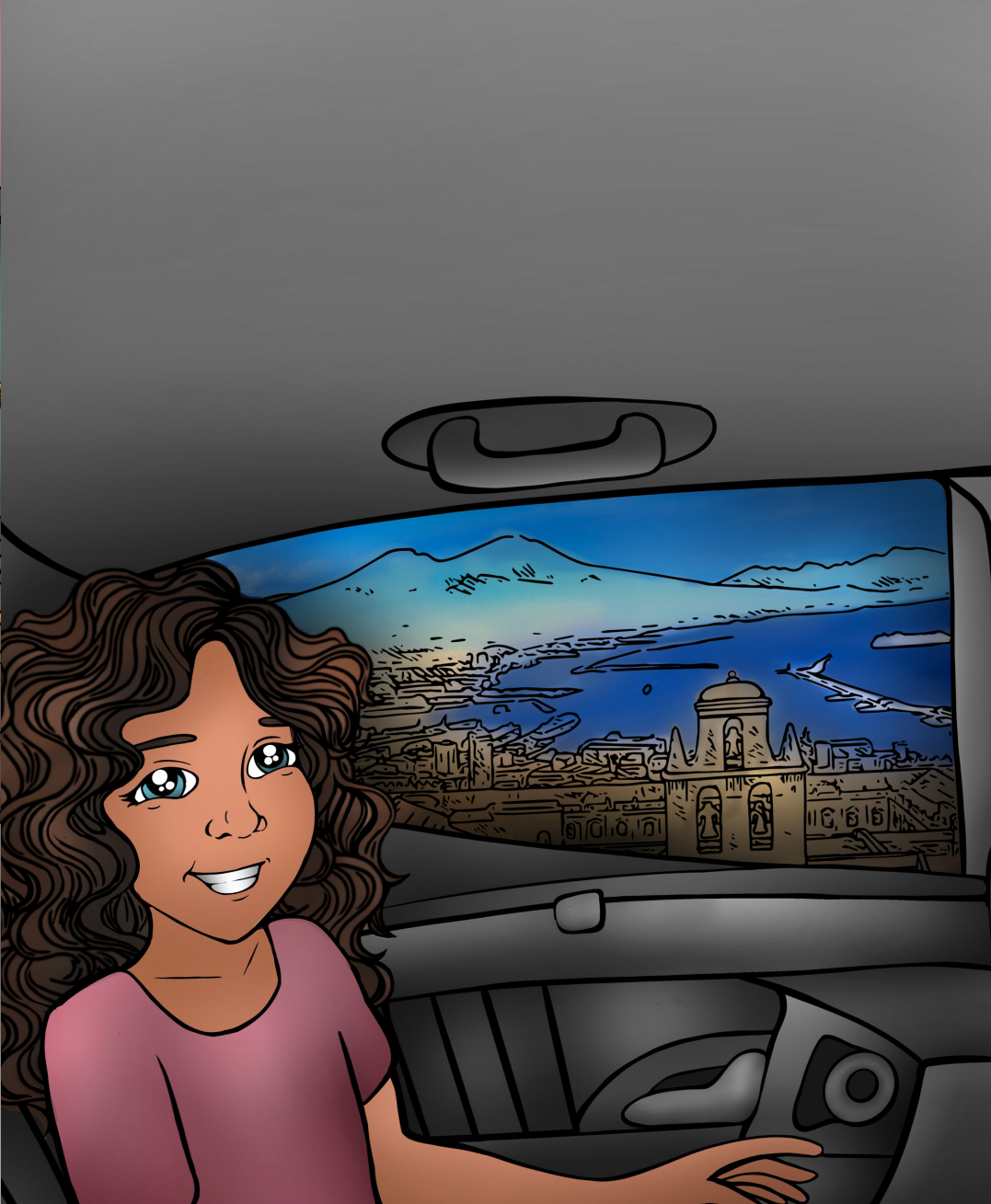
 **TARGET**

IngramSpark®

amazon

**BARNES
& NOBLE**


Follett
Walmart 



WHY?

There are more than 1.6 million military kids in the United States. I Move A Lot and That's Okay supports social-emotional learning for military children and their peers.



The average military child changes schools

NINE TIMES

between kindergarten and graduation.

LET'S CONNECT

- Ready to purchase? Visit amazinglyshermaine.com/bulkorders
- Book a virtual visit or live reading on amazinglyshermaine.com/contact
- Have questions? Email shermaine.m.perry@gmail.com or call (678) 249-9308.

BOOK DESCRIPTION

Looking for an engaging book to help children understand change and explain military family life? Here it is! **I Move A Lot and That's Okay** follows a bright-eyed girl in a military family as she shows the reader that she can embrace a new environment, language, and a different culture. Its message of resilience and hope are universal ones that help all children to overcome obstacles more easily.